

Small Talk

Family Discussion Cards

Family 

Who is in your family?

**DIG
DEEPER**

What makes someone family?

Family 

How can you tell when someone in your family is mad?

**DIG
DEEPER**

Look in the mirror and make a mad face. What does your face do?

Family 

How can you tell when someone in your family is happy?

**DIG
DEEPER**

Do a random act of kindness for a family member.

Family 

What is unique about your family?

**DIG
DEEPER**

Share a special talent.

Family 

What makes you proud of your family?

**DIG
DEEPER**

Share something interesting about your family's past.

Family 

What holiday traditions do you like celebrating with your family?

**DIG
DEEPER**

If you could invent a new holiday, what would it be like?

Family 

Do you have close friends who feel like family? Who are they?

**DIG
DEEPER**

Write a letter to a friend or family member who lives far away.

Family 

How does your family show that they care?

**DIG
DEEPER**

Show someone that you care by saying something nice about them.

Small Talk

Feelings Discussion Cards

Feelings 

What are 3 things that make you happy?

DIG DEEPER

Share a story about a time you were very happy.

Feelings 

What helps you feel better when you are sad?

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What would you do if your friend was sad?

Feelings 

What does your body feel like when you are worried?

DIG DEEPER

Share something that is worrying you right now.

Feelings 

What does your body feel like when you are angry?

DIG DEEPER

How do you *act* when you feel angry?

Feelings 

What is something that scares you?

DIG DEEPER

Tell a scary story.

Feelings 

How do you know when someone in your family is upset?

DIG DEEPER

How would someone else know that *you* are upset?

Feelings 

When you feel sad, what does your body feel like?

DIG DEEPER

How do you *act* when you feel sad?

Feelings 

How does your body feel different when you are worn-out or tired?

DIG DEEPER

What is your bedtime routine?

My World Discussion Cards

My World 

What is your favorite time of year? Why?

DIG DEEPER

How does the world change during your favorite season?

My World 

If you could be an animal, what would you be?

DIG DEEPER

What animal are you most afraid of?

My World 

What is your favorite song?

DIG DEEPER

Can you play an instrument?

My World 

What kind of wildlife have you seen near your home?

DIG DEEPER

What animals have you touched? What did they feel like?

My World 

What is the farthest place you have travelled to?

DIG DEEPER

Where in the world would you most like to visit?

My World 

What are your favorite games to play outside?

DIG DEEPER

Have you ever invented a new game? If so, explain the rules.

My World 

If you planted a garden, what fruits and vegetables would you grow?

DIG DEEPER

Draw a picture of your dream garden.

My World 

If a magical genie granted you one wish, what would you wish for?

DIG DEEPER

What do you think your best friend would wish for?